



Inuvik Interagency Committee Newsletter

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 The Editor reserves the right to edit all submissions

Working Together For Wellness

Interagency Meetings are normally held the 3rd Wednesday of every month. Next Meeting November 18, 2009 1:15 PM Location TBA

Interagency News

Inuvik Interagency Committee



From the Interagency Committee President: Alana Mero

The efforts of the Interagency Committee's working group to organize activities for this year's National Addictions Awareness Week (November 15—21) are reflected in the strong program that has been prepared for celebration of the week. Brought together by the Interagency Coordinator, the members of this group are representative of major agencies and organizations who work with and assist persons with the problems of addictions. This work demonstrates the best of what the Inuvik Interagency Committee is all about.

Feedback from across the community regularly tells us that addictions are a major issue for persons in Inuvik. We must take every opportunity to create awareness of it and give people access to those supports that can help them. We are devoting much of this newsletter to news that relates to next weeks NAAW program.

The community lunch hour events and open houses hosted by community organizations give us the opportunity to celebrate with those who live healthy lifestyles and offer support and encouragement to those who face daily struggles. Inuvik has a good network of professional support for people with addictions. Likewise, across the community there exists an informal network of strong role models who offer personal support to those in need.

Let us renew our commitment during National Addictions Awareness Week by working together to make our community healthy and strong.

National Addictions Awareness Week – Working Group Members

Jeff Amos	Resolution Health Support Worker
Terry Peterson	Resolution Health Support Worker
Susan Peffer	Aboriginal Healing Foundation
Ruby St. Amand	SAMS - School Community Counsellor
Jo-Ellen Lyslo	SHSS - School Counsellor
Delores Harley	Inuvik Community Corporation
Andrew Hicks	RCMP
Ruth Grandon	Counselor – Inuvik Community Counselling Program
Crystal Navratil	Community Health Representative -BDHSSA
Alfred Moses	Regional Youth & Volunteer Officer – MACA
Karen Mithcell	GTC -Residential School Support Worker
Louisa Alunik	Inuvik Homeless Centre
Larry Peckford	Coordinator - Inuvik Interagency Committee

NATIONAL ADDICTIONS AWARENESS WEEK (NAAW)2009

“Living the Good Life!”



PROGRAM OF EVENTS – November 15 – 21

Sunday- November 15

2:00 PM- Sober Walk: Public walk begins at Post Office and ends at Ingamo Hall. Community members are encouraged to join in the walk to support people in their choice of sobriety and living a healthy lifestyle

3:00 – 5:00 PM - Light food & refreshments, candlelight vigil at Ingamo Hall

Monday - November 16

12:00 PM - Midday Lunch

Open lunch at IRC building sponsored by Inuvik Community Corporation to promote NAAW themes.

1:00 – 4:00 PM - Open House

Inuvik Community Counseling Program welcomes community members for displays, information and light refreshments. Showing of documentary “Why They Cannot Just Stop?”– Alex Moses Greenland Building

Tuesday - November 17

12:00 PM – Midday Lunch

Aurora College students join the community in supporting the theme of NAAW. Everyone is welcome.

Wednesday - November 18

2:00 PM – 3:30 PM – Open House

Samuel Hearne Secondary School hosts community members with a display and light refreshments.

Thursday - November 19

12:00 PM – Midday Lunch

Gwich'in Nihtat Council hosts a community lunch to promote NAAW themes - Alex Moses Greenland Building

Friday - November 20

12:00 PM: Midday Lunch

Join Youth Centre staff and youth members for lunch and open house.

8:00 – 11:00 PM - Youth Dance

Saturday – November 21

12:00 PM – 5:30 PM – Open House

Aboriginal Healing Foundation hosts food and Games at NWT Training Centre

9:00 PM - Community Dance

Celebrate the week’s activities with an Old Time Dance at Ingamo Hall. Music by Delta Good-Time Band.

Daily information booth displays: Location at Northmart – information available on the influences of addictions: smoking, alcohol, video games, gambling and drugs.

Public Service Announcements - presented on cable channels 4 & 13 of New North Networks

NAAW 2009 Role Models



Last year NAAW activities in Inuvik identified a community role model who showed the community how a change in lifestyle can lead to health living and “living the good life.” Hank Rogers was the NAAW 2008 role model. This year the working group decided there are many such individuals who are great role models and who are happy to be public about their lifestyle choices and to be an example for others.

Ann Kasook	Roy Ipana	Racheal Kasook	Mabel Brown	Verna Firth
Otto Binder	Derek Lindsay	Esther McLeod	Elizabeth Firth	Violette Doolittle
Mary Ellen Binder	Clara Lindsay	Lorraine Greenland	Louie Goose	Ruth Wright
Winston Moses	John Holman	Sarah Rogers	Maria Arey	Moses Gordon
Martha Moses	Margaret Gordon	Hank Rogers	Lillian Elias	Rachael Kasook
Angus Alunik	Freda Alunik	Ruth Alunik	Madeline Smith	Greta Sittichinli
Sandra Ipana	Gerry Kisoun	Rosa Kisoun	Abel Tingmiak	Robert Charlie
Elizabeth Greenland	Shirley Kisoun	Lawrence Norbert	Marcy Tingmiak	Annie Jane Charlie
Frank Edwards	Eileen Edwards	Bertha Allen	Moses Gordon	Susan Pepper
Jeff Amos	Terry Peterson	Jean Storr	Fred Carmichael	Kyle Kuptana
Edward Lennie	Jeannie Lennie	Sam Lennie	Margaret Lennie	Mabel Brown
Marjorie Alanik	Richard Nerysoo	James Firth	Rhoda Joe	Esther McLeod

NAAW 2009 - Inuvik Community Corp. Receives Grant finding

Because of the diversity of Inuvik’s population, addictions awareness activities for the week November 15-21 is titled National Addictions Awareness Week (NAAW). In many communities with a primarily aboriginal population, activities are sponsored as National Aboriginal Addictions Awareness Week (NAAAW). Material and financial support to local organizations is available from the Native Counselling Services of Alberta (NCSA). The Inuvik NAAW Working Group coordinates its promotion of NAAW with NCSA. Once again this year the Inuvik Community Corporation was able to secure a grant of \$2500 from NCSA to assist with local activities.

NCSA promotes an addictions-free lifestyle for communities, families and individuals by enabling communities to develop activities that increase knowledge and awareness of addictions and how to address them. With this in mind, the 2009 NAAW campaign slogan is **Living the Good Life**. NCSA envisions a NAAW celebration that is grounded in the empowerment and capacity building of First Nations, Métis and Inuit individuals, families and organizations that will contribute to the creation of positive, safe, and healthy environments.

The campaign promotes the essential role of building and renewing positive relationships within our families, our communities and our natural environment to ensure good health and addictions-free lifestyles. During NAAW, communities are encouraged to enhance their relationships with others through the planning and development of community-based activities that bring people together in positive and affirming ways. NCSA believes that opportunities to build awareness and share experiences about successful recovery processes, addictions-free lifestyles, harm reduction and support services available to assist in the healing process are important pieces in the development of healthy communities.

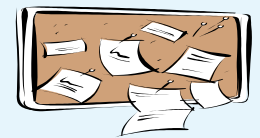
Each year during the third week of November, people are encouraged to celebrate in positive, collective healing events and support education beginning with ourselves, our families, communities and organizations and *Living the Good Life*. For more information and resources, visit <http://addictionsawareness.com>.

NAAW-Community Resources Pamphlet

Members of the NAAW 2009 Working Group recognized that information on the resources of the community to help persons with addictions was not readily available. To address the need a new pamphlet has been prepared and is titled **Accessing Community Resources to Heal from the Influence of Addictions**. This pamphlet is a work in progress although a limited number of copies will be available for distribution during National Addictions Awareness Week. Members of the Working Group felt the compilation of a document with information on both formal and informal sources of support would be helpful to individuals and organizations in the community.

Suggestions and/or comments on the pamphlet may be directed to the Interagency Coordinator.

Community Notices & Events



Community Christmas Concert: This widely anticipated event will be held on December 13, 7:00 PM at the Igloo Church. There is still room for new choir members. If you are interested please call Miki at 777-3031

Santa's Elves: This local anonymous group will be again preparing hampers for persons in need over Christmas. The group can always use more volunteers. If you are able to help please contact by email- inuvikelves@yahoo.ca

Christmas Craft Fair: This is a must-attend event that can fill many Christmas shopping needs. The Fair is held at the Midnight Sun Complex on November 27-29. Inuvik biggest display of arts and crafts.

National Childrens Day: On Saturday November 21 from 1:00 PM-3:00 PM children's activities will take place at the MSC to highlight this day. Activities include stories, dance etc. The Day concludes with a free family swim from 3:00 PM-4:00PM.

Childrens First Society Gala-Nov. 7



Children First Society held its Formal Gala on the evening of Nov 7th. The community attendance and support was magnificent. There were over 80 items donated for auction. The event raised over \$25,000. Thank you to all the sponsors and participants.

The auction item piece that featured great bidding was an Olympic relay torch. Here the winning bidder Hans Maurer is presented the torch by Sue Clarkson.