

Minutes
Inuvik Interagency Committee
Feb 17, 2010
1:15 PM
Aurora College – Board Room

Attendance:

Corporal Ken Pike	RCMP
Francene Ross	Aurora College
Crystal Navratil	Public Health
Beth Oehler	BDHSS
Marc Arseneau	Healthy Foods North
Jennifer Cockney	Food Bank/Green House
Silvia Koso	Inuvik Interagency Committee (IIC)
Sue McNeil	IDC, IYC
Ruby St. Amand	SAMS
Rose Constantineau	TOI, Recreation Department
Delores Harley	ICC
Peggy Day	IRC
Paul Grech	ITI
Patricia Davison	

Regrets:

Mary Ann Ross	GTC
Alana Mero	Aurora Research Centre
Mike Millen	Youth Centre
Jeff Amos	IRC, AHF
Nancy	Department Justice
Sarah	Justice Committee
Ruth	Inuvik Counselling Services
Billie Lennie	GNAF
Alfred Moses	MACA
Shirley Kisoun	NWT Housing
Mabel Brown	Inuvik Justice Committee
Eugene Rees	ITI

- 1) **Call to Order** @ 1:20pm by Patricia Davison

- 2) **Introduction** of members
 - Round Table self introductions

- 3) **Approval of Agenda** – completed no changes

- 4) **Review of Minutes** – completed no changes

- 5) **Business Arising from Minutes**

a) *Integrated health promotion strategy*

Up date from Co-op student

Silvia Koso, MD

Masters of Public Health Candidate

Centre for Health Promotion, School of Public Health

University of Alberta

Email: koso@ualberta.ca ph 867 777- 3298 ext 33

Silvia reported on her findings of the rapid inquiry about the health and wellness issues in the community of Inuvik and the role of the Inuvik Interagency Committee in addressing these issues. Findings of this inquiry serve to support the defining of potential strategic directions for the Interagency. Interviews were carried out based on a list of questions developed to obtain information and opinion from stakeholders in four areas: nature of their work, concepts and terms of wellness, health promotion, community etc, key health and wellness issues in the community and the role, achievements, challenges and potential directions for the Interagency. Silvia reported on her findings in the following Themes:

- 1) *Concepts and terminology*
- 2) *Health and Wellness Issues in the community*
- 3) *Existing services and service "gap"*
- 4) *Good Practice Examples*
- 5) *Potential directions*
- 6) *The Interagency Strengths and Challenges*
- 7) *IICW Potential Future*

Questions and discussions of the topics and findings followed. A written report will be distributed after all the interviews are completed. This information will be utilized to continue the Inuvik Interagency Committee's strategic planning for the future. The board hopes to start strategic planning sessions in mid March.

b) *Canadian Public Health Service Co-op Student Opportunity for May – August*

The Inuvik Interagency application for another co-op student to follow Silvia went in by 5:00pm the day of our last regular meeting. Our information has gone into the new catalogue for co-op students to choose from. We should start hearing from students in the next couple of weeks.

c) *Up date on computers for schools*

The interagency office coordinated the acquisition and delivery of 20 computers to 4 different Inuvik agencies (Ingamo, Food Bank, WABDS, and Inuvik Youth Centre)

A huge thanks to

Amrik Kanwal
Manager
Computers for Schools-NWT
Email: amrikkanwal@looknorth.ca
Tel: 867 873 6455

And

Staff Sgt. Cliff McKay
Inuvik Detachment
RCMP

With out the support of these two groups we would not have these computers in town. We are expecting 5 more to be shipped. If any one would like to take advantage of this opportunity contact the interagency office.

d) *Community Wellness Proposal*

The contribution agreement has been received, signed and sent back to the Department of Health and Social Services, now waiting for the funds to arrive.

Patricia is looking at how the Health Promotion sub committee and the Youth sub committee work might fit for the new call for proposals under this program. The deadline for the call is in mid March. The general information has been emailed out to other potential applicants in Inuvik from the interagency office.

e) *Building Bridges Training*

Patricia reminded the group of the free training opportunity brought forward at the last meeting. Correspondence was received from Alexxa Abi-Jaoude, Program Coordinator for the Woman Abuse Response Program at BC Women's Hospital and Health Centre in Vancouver, BC. Their mandate is to provide training to service providers throughout BC on the dynamics and health impacts of violence against women and to help promote coordination and partnerships between health services and community-based violence intervention services. Some of the topics in their training workshops that are covered include:

- Health impacts of woman abuse
- Barriers to accessing services for women
- Violence-informed/ trauma-informed care
- Women-Centred Care
- The links between woman abuse, substance use and mental ill health

Contact:

Alexxa Abi-Jaoude

604-875-3717

Website

<http://www.bcwomens.ca/Services/HealthServices/WomanAbuseResponse/default.htm>

No one at the meeting has accessed this training opportunity.

f) **Healthy eating- Let's Talk about it** - <http://www.nwtfoodsurvey.ca/>
Focus groups were held in Inuvik the first week of February, if you missed the sessions you can still go on line and complete the survey.

g) **Lighting and safety issues**
Patricia spoke with Town of Inuvik SAO, the town has offered to hold a meeting between the two groups impacted by this issues. A representative from the Inuvik Interagency will be invited to attend.

6) Sub Committee Reports:

a) **Youth**
Youth sub committee meets first Wednesday of the month. The youth are working on detailing the priority issues they deal with.

These issues will be listed in letters to leaders and programs offering services can utilize the information to provide services to meet the needs.

b) **Health Promotion**
The Health Promotion sub committee meets the 3rd Monday of the month. Using Silvia's findings as a starting discussion the group has started looking at a strategic plan of action for the members. One idea they are looking at is the feasibility of a wellness team. Two actions came forward from the last meeting,

- Look at who is missing from the table and invite them to attend
- Establish a mechanism to get feedback from an agency or group that cannot commit to participate in all the meetings (because of scarcity of staff or other obligations, (this could include e-mail or telephone)

Two challenges were noted:

- lack of human resources
- confidentiality concerns

Further work will be completed at the March meeting.

7) New Business

a) **Events for Homeless**
The Inuvik Interagency office has received some comments about the fund raisers happening in Inuvik for other countries and regions. The challenge was put out to look at events or ways to support people in our community that have such a high need, such as the homeless. Discussion followed, some key points:

- issue homelessness should be pushed to the top priority
- it is an important issue have reports from all over, don't need another report
- money goes into issue, not effective
- talk around and around on the issue but seems stagnant, need movement
- circle just goes round and round with no results
- need to think locally and act locally, take care of own back yard
- addictions is a big part of the issue, need to work on this area for results

Some resources we have:

- wellness camp

- homeless shelter
- AHF program

How can utilize these resources to work together to build stronger results?

Potential Solutions listed:

- Adopt a street person
- Push for addictions counsellors (position disappeared, should have more than one)
- Assist AA group to get stronger
- Outreach services for people to access
- Soup kitchen needed
- Treatment centre and follow up services
- Lobby issue with all levels of government
- Put pressure on other agencies to work together for solutions

Questions for next meeting:

What are the next steps?

Who is responsible for what actions?

What is the Interagency's role?

b) Board Member Positions

There are two board member positions available; these will be discussed at the next meeting when more board members are present. Please bring forward any suggestions for nominations to the interagency office.

The board thanks Joyce Lillegran and George Doolittle for their service to the Inuvik Interagency Board and wishes them well with their future endeavours.

c) Charity Fillings

There was a web cast presentation for registered Charities regarding Revenue Canada's reporting and donation criteria. The information was very useful and is important for Charities to have to insure they can maintain their Charitable status. Patricia distributed a DVD and handout to those who were interested in the information. For a copy of the info contact the Inuvik interagency office.

8) Upcoming Events

a) Canadian Feminist Alliance for International Action (FAFIA).

FAFIA is hosting a workshop in Inuvik on the UN CEDAW Convention; the rights women are guaranteed under it; how the international system can be used in local advocacy and how you can use CEDAW in your work and communities to advance women's equality.

FAFIA is a dynamic alliance of nearly 100 women's equality seeking organizations across Canada. Their mandate is to monitor Canada's compliance to international women's human rights obligations, namely CEDAW, the UN Convention on the Elimination of All forms of Discrimination Against Women.

They also plan to have a "train the trainer" component in their workshops to give participants the tools to share information learned with their communities and networks.

After the workshop, FAFIA is committed to leading follow up work either online or over the phone with participants to keep up the momentum, and ideally create a broader network of people aware of women's human rights in Canada, especially in the Northern context.

They hope to have a diversity of participants including community advocates, leaders, youth, etc.

They are currently looking at potential dates in April and May 2010.

If interested, or for more information, please contact Nancy Baroni at FAFIA nbaroni@fafia-afai.org

- b) **Inuvik Chapter of the NWT Council of Persons with Disabilities** is holding community input meetings Feb 25
9:00-11:00am services and organizations that work with Children
1:00-3:00pm services and organizations that work with Adults
4:00-6:00pm open to the general community, a light supper will be served.
- c) Gwich'in Cup February 27-28 at MSRC
- d) **NWT Housing**, Northern Housing Forum March to be held in Inuvik March 22-25, Experts from Finland, Alaska, and Canada will challenge delegates to envision new ways to approach housing design and delivery in northern climates. To register or for more information go to the website <http://www.nhf2010.ca/>

9) Agency Updates

Jennifer Cockney, Food Bank, doing well actually has some money. Waiting to hear from town when they will be moving to trailer behind the library and Next to New. New place will be wheel chair accessible.

Green House, Meeting last week February to look at hiring a coordinator to get nursery started and things up and running for new year.

Corporal Ken Pike, RCMP Sent 3 repeat offenders out of community. Worked with Justice committee for best choices. Still looking for any ideas from service providers to get help for people and avoid them being in custody on an ongoing basis. Hard way to get help by having a criminal record.
Started DARE Program with grade 5/6 at SAMS, first time in two years able to offer the program. Detachment has worked out schedule so Constable Hicks is available for DARE
Completed training for ODARA (Ontario Domestic Assault Risk Assessment) Important tool to help establish a base line of risk. Waiting for everybody to be on board with the system, building awareness with crime attorneys and justice.

Paul Grech, ITI Coming up to fiscal year end, finishing off projects. Since been in the office budget has doubled and completely spent. Hope for increase in future budgets.

Ruby St. Amand, SAMS Constable Hicks has started DARE for grade 5 students once a week. March the K-grade 6 will visit Rachele reindeer camp. Ruby has been the mentor for Patricia McCauly the school counsellor. Helped with connecting her to the community and giving exposure to local culture. The breakfast program continues. March 10th is the Science fair. Just finished up the Historical fair.

Sue McNeil, Arctic Youth Leadership, Baffin Island Partnership very expensive, changed plan to Horton River. Looking at having a past youth interim for this summer's trip. Working to have Noel Cockney involved as leader of expedition. Include skills such as CPR certification. The objective is to have youth learn more Leadership. More to come at future meetings.

Inuvik Youth Centre, Centre is in transition, down to one full time staff - Mike Millen. The Board is working on strategic plan. In the past have taken on programming other groups are offering and out of the centre, want to get back to focus as a place for youth. Need Board members from community, board is down to 5 members. There seems to be a negativity associated with being on the board.

Some thoughts that came from the general Interagency Membership:

- Look at what the barriers might be to local community members joining
- Get community Involved by having AGM at Ingamo
- What is creating the negativity ask local community members for ideas

Crystal Navratil, BDHSS, Public Health, End of March holding an anti-smoking workshop for 20 kids Grade 7-9 called BLAST, (Building Leadership Action Schools Today). It will be held at the Gwich'in Wellness Camp. Worked with Interagency office for contacts/ideas to get extra funding support to bring in guest speakers. Youth will learn strategies and develop actions to implement individually and as a group with peers when they return to school.

Francene Ross, Aurora College

College has followed up on assault issue with two actions:

- Had discussion with Town about safe environment around the campus
- Held 3 Self defence courses

The self defence courses may be implemented as part of orientation in up coming years.

Rose Constantineau, TOI, Recreation Department Just got back from Elders in Motion training in YK. Gloria Nasogaluak from the Elders Day Program attended as well. Planning to offer a variety of activities for elders in the future. IRC cup this weekend, Gwich'in cup next weekend. Gathering Recreation and Sport information for website, looking at recreation guide for community. To submit information about your recreation or sport group email RConstantineau@town.inuvik.nt.ca

Beth Oehler BDHSS, Nutrition Diabetes Coordinator Joan Harris in partnership with John Ritchie from IRC is holding trainings through out March. Feb is Drop the Pop month-completed presentations at SAMS in every class room. Looking forward to working with SHSS to do some presentations at their site. March is Nutrition Month, looking for organizations who are holding any community event to partner on getting some nutritional information out.

Some thoughts that came from the general Interagency Membership:

- Testing blood sugar at public venue/event
- Set up tent on river during Jamboree

Marc Arseneau, HFN, Tuktoyaktuk and Ulukhaktok projects are on going. Tuk has food security worker, Ulukhaktok hired two local interventionists. Dr Sharma met with the federal minister of health to discuss HFN findings and advocate for lower food prices in the north.

Delores Harley, ICC, Feb 15 was Brighter Futures Deadline, Allocations should be done by Feb 26th. Events this weekend sponsoring Youth dance and free youth and family swims.

Peggy Day, IRC AHF, 15 community wellness workers will be certified by the end of March, training is just finishing up. AHF funding ends the end of March, waiting for the federal government to go back into session so a decision on future funding can be made. Might hear the 3rd week of March if future funding is available.

Children First, Fundraising the big focus right now. Fundraising Committee meeting is Feb 23, at the Interagency Meeting Room. Agenda will be the Talent Show and the Dinner Theatre. All help is greatly welcomed.

Inuvik Outreach Office NWT Council Of Persons with Disabilities.

Feb 25 or 26 community input meetings to be held at the Centennial Library to help direct local committee,

Annual BBQ fundraiser this year will be May 22.

10) Date of Next Meeting March 17at Aurora College Board room

11) Adjourn @ 3:00pm

Inuvik Interagency Committee
Monthly meeting February 17th, 2010, Midnight Sun Recreation Centre
Questions about the mandate and achievements of the Interagency Committee
Summary of responses

Mandate

- Bringing agencies and people together 5
- Share information 6
- Networking 3
- Enable everyone to provide input 1
- Increase cohesiveness 1
- Form sub-committees to address issues and gaps 1
- Establish partnerships 1
- Share resources 1
- Collaborate 2
- Undertake projects with/for group 1
- Advocacy 1
- Prevent overlap of services and events and maximize results 3
- Identify gaps 1
- Fill the gap of social services 2
- Promote positive change 2
- *Make Inuvik a better place* 1

Achievements

- Having a coordinator 3
- Maintaining a board 3
- Getting funding 1
- Raising the credibility of the Committee 1
- Bringing people together for information sharing 5
- National Addictions Awareness Week II
- Presenting the community safety issue to the Inuvik Town Council (burnt out street lamps)
- The Health Promotion project
- George Chuvalo Talk
- Food Bank
- Justice/Victims Services
- Suicide Hotline
- *It would be much more difficult without Interagency to be effective as new professional in Inuvik*

Principles and Values

- Serve the Town of Inuvik

- *Each member brings a perspective which contributes to the whole*
- Holistic way addressing issues
- Flexible and adaptable to changing community needs
- [Safe way to provide feedback anonymously] (not currently a principle of work, but can become?)